

101 Affirmations To Jump Start an Amazing Life

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Here's something you probably know:

Success in any area starts in your mind.

Here's something you might not know:

Most people think between 12,000 to 50,000 thoughts per day, according to the "[The National Science Foundation](#) (NSF). (Yes, I think the latter number are women. Hehe)

Now that you know the facts, it's time to really start paying attention to those thoughts running amuck in your mind. Sift through them, sort them, and then pluck out the negative ones. Replace them with the following affirmations and watch your life shift. Watch your attitude change.

Print the affirmations out. Recite them out loud and silently. Choose your mantras that you will memorize. Work them inside out until they become a part of you.

The more conscious you become of your mindset by taking more control, the more positive emotions you'll feel. Like peace, contentment, joy, love, and so on.

1. I cherish life and live each day with gratitude.
2. I am successful in every area of my life.
3. I am a beautiful person inside and out.
4. I hang around with people with positive energy.
5. I am grateful for this amazing day.
6. I am taking strides daily to accomplish my goals.
7. I have peace inside and believe the best in each situation.
8. I turn setbacks into stepping stones toward greater success.
9. I have the power to design my life.
10. I have a positive perspective in every situation.
11. My life radiates love, life, and compassion.
12. I love to give to others in various ways.
13. I have more than enough resources to live the way I want to live.
14. I am healthy and value exercise and good nutrition.
15. Every day I take time to pray/meditate.
16. I am disciplined and exercise self-control.
17. I have divine favor and people like me.
18. I invest in learning and expanding my consciousness daily.
19. I have a positive attitude.

20. I surround myself with successful people.
21. I am centered in my spirit, full of divine peace and joy.
22. I run toward life!
23. I believe that everyone has unlimited potential.
24. I choose to take risks and live a life of adventure.
25. My life is awesome!
26. I believe anything is possible.
27. I am determined to accomplish my goals.
28. I am free to be me and I love me.
29. The more love I give to others, the more love I receive.
30. Money flows effortlessly to me.
31. I am full of passion and purpose.
32. I experience peace and joy despite anything that is going on.
33. I am doing what I love to do every day.
34. I am an honest person.
35. I am connected ever so closely with my Creator.
36. I am at peace within myself.
37. I love to laugh and play.
38. I am incredibly happy!
39. I am the rainbow after the storm.

40. I am as beautiful as an orchid floating on the water.
41. I have control over every thought in my mind.
42. I have the potential to be everything I've dreamed.
43. I have the strength to fight for what I desire.
44. I am as fearless as the storm.
45. I am happy with everything in my life.
46. I am surrounded by love in every area of my life.
47. I am getting wealthier each day.
48. Money will take care of itself.
49. I am a blessing.
50. My life blesses other people's lives.
51. I am satisfied with my life.
52. I am a survivor.
53. I am a fighter.
54. I have the power to change my life.
55. My past does not affect who I am today.
56. I will be joyful in every situation.
57. I am cared for.
58. I forgive myself for less than wise decisions.
59. I am confident in my choices.

60. I am a good person.
61. Every day I get closer to my goals.
62. My body is healthy and whole.
63. My body is beautiful.
64. I choose to allow love, peace, and harmony into my life.
65. I am happy in every circumstance.
66. I am beautiful from my head all the way down to my toes.
67. My world is what I choose to make it.
68. I deserve to love and be loved.
69. I live in the present moment.
70. Love emanates from every cell of my being.
71. I receive divine inspiration daily.
72. I am sending out positive vibrations.
73. I love to give to others.
74. Healthy relationships surround me.
75. I meditate on good things.
76. Life is going the way I want it to go.
77. People love me and want to be around me.
78. I smile all the time.
79. I believe I can do anything.

80. My decisions are wise.
81. I live in harmony with the earth.
82. I trust that all will be well.
83. Excitement and adventure are important to me.
84. I am creating a life that I love on a daily basis.
85. Life is full of joy and laughter.
86. I have wonderful friends.
87. I choose to be open minded and allow good into my life.
88. I am super duper smart.
89. Success is important to me, but not so much that I cave if something doesn't go as planned.
90. I am sailing on an ocean of happiness.
91. I have control over my thoughts.
92. Happiness chases me down.
93. If I don't like something, I change it or the way I think about it.
94. I choose to have a positive perspective in all things.
95. Everything in my life is pretty darn good.
96. I am full of confidence, peace, and joy.
97. I can see the silver lining easily.
98. I learn from mistakes.
99. Creating a life I love is easy.

100. This life is a playground and I play often.

101. Everything is going to be ok.